GROEPLESSEN HEALTH WORKS FITNESS ONLINE

TIJD	MAANDAG			DINSDAG			WOENSDAG			DONDERDAG			VRIJDAG			ZATERDAG			ZONDAG		
	GORINCHEM	HILVERSUM	ZEIST	GORINCHEM	HILVERSUM	ZEIST	GORINCHEM	HILVERSUM	ZEIST	GORINCHEM	HILVERSUM	ZEIST	GORINCHEM	HILVERSUM	ZEIST	GORINCHEM	HILVERSUM	ZEIST	GORINCHEM	HILVERSUM	ZEIST
09:00																GRIT - CORE PATRICK	LesMILLS BODYBALANCE JEANNETTE	LesMILLS BODYCOMBAT ANNEMIEK			
09:15		LesMILLS BODYPUMP SYLVIA	YOGA ANNA			LesMILLS BODYBALANCE KAREN	YOGA SYLVIA		LesMILLS BODYPUMP CLEMENTINE	YOGA 07:15 UUR SYLVIA	LesMILLS BODYBALANCE JEANNETTE	LesMILLS BODYPUMP KAREN		LesMILLS BODYPUMP TANJA	PILATES CAROLIEN	ZUMBA MELISA	LesMILLS BODYPUMP NATHALIE			HEALTH WORKS HIIT BARBERA	LesMILLS BODYPUMP CLEMENTINE
09:30																					
09:45																					
10:00																					
10:15																					
10:30					HEALTH WORKS HIIT BARBERA							YOGA MIEKE		YOGA BARBARA							
10:45																					
11:00	YOGA YIN YOGA SYLVIA																				
11:15																					
11:30																					
11:45																					
12:00																					
12:15																					
12:30																					
12:45																					
18:00			HEALTH WORKS HIIT HOSSEIN Per 3-1-'22		PILATES BARBERA										HEALTH WORKS HIIT HOSSEIN Per 3-1-'22							
18:15																					
18:30																					
18:45				ZUMBA MANJA																	
19:00			LesMILLS BODYPUMP CLEMENTINE		LesMILLS BODYPUMP JAMILLAH			LesMILLS BODYPUMP JAMILLAH		LesMILLS GRIT PATRICK		LesMILLS BODYPUMP CLEMENTINE									
19:15																					
19:30	ZUMBA MELISA						ZUMBA MELISA														
19:45																					
20:00				HWF CORE PATRICK				LesMILLS BODYBALANCE MARIEKE													
20:15			YOGA RESET YOGA MIEKE												LesMILLS BODYBALANCE KAREN						
20:30																					
20:45																					
21:00																					
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21:45																					